

BEEFY TACO SOUP – A HUGE HIT ... AND I HAVE BYPASSED THE SLOW COOKER AND BROUGHT IT TO A SLOW SIMMER ON THE STOVE FOR ½ HOUR AND IT'S WONDERFUL! BAKE SOME BREAD AND YOU HAVE A MEAL!

1 lb ground beef, browned
14 ½ oz can stewed tomatoes
15 oz can kidney beans, rinsed and drained (optional for those who don't like legumes!!!)
1 ¼ oz pkg dry taco seasoning mix
8 oz can tomato sauce

Brown beef in a large skillet; drain. Stir in tomatoes and remaining ingredients. Pour into a slow cooker. Heat on low setting for 6 to 8 hours; stir occasionally. Add water to thin consistency as desired. Makes 4 to 6 servings.

Top each bowl with a halo of sour cream, chopped green onion and a sprinkle of shredded cheese.

